

# GREEN PROJECTS

OCTOBER / NOVEMBER NEWSLETTER







#### **NEWS**

#### Reflections & Gratitude

Over the last month we've been focused on painting and kinesiology based Healing and Empowerment workshops. We have also been expanding our networks and testing exchanges with new collaborators, with a view to intensifying offerings centered around personal healing, nurturing, and collective care.

Since April, we have held over 70 workshops, exploring mycelium and fungi complimented by a special talks programme, permaculture and painting workshops, as well as child focused workshops and activities.

This includes our Open Week (4 - 8 April) in the lead up to our Open Day (29 May), where we opened our doors to the public to welcome them into our space,

share our programme, and invite further discussion, knowledge sharing, participation and collaboration.

We have been completely overwhelmed by our collaborators enthusiasm, willingness to participate, and resourcefulness.

A huge thank you to everyone who has been involved at every level



### SPRING

### Micro - Home Garden Projects

We are excited to put away our winter coats and spend more time in our gardens, where
Namaqualand daisies are starting to bloom. In her home garden, Pauline Borton has been diligently preparing seedlings from seeds some of which she saved last season, such as green bell peppers, potatoes, nasturtiums, Roma tomatoes, basil, and lots of sunflowers!

The plan is to plant some of these seedlings at Tipper, to expand our current garden, and bridge the physical distances between our various micro home garden projects.





# WORKSHOPS AND TALKS

# Upcoming activities @ TIPPER

The Orchards Project, 5A Pine Road, Orchards, Orange Grove

Painting by Piano with Phil Keye

Wednesday 23 November

17:30 - 20:00

R300 a ticket

https://qkt.io/5bYS62

We are thrilled to have a repeat performance by Pianist Phil Keye, who will guide our painting workshop through musical accompaniment.

We will begin with a short meditative exercise, and then spend the evening exploring colour and mark making in response to a live piano performance.

For more information please contact Pauline:

Email: pb@onair.co.za or WhatsApp: 079 316 9579







# A WORKSHOP IN REVIEW

#### Soundscape painting workshop in collaboration with Paul Boyter from Harmonics

A few weeks ago we held our first Soundscape painting workshop in collaboration with Paul Boyter from Harmonics.

Usually our painting workshops are about observing and focusing on a specific theme, this workshop however was about listening with intent, and following ones intuition to create an artwork in response to the music.

Paul guided us through a meditative musical journey for the duration of the workshop, and left us feeling uplifted and inspired.



# Child Led Design

A core focus of our research and project work is informed by child citizenry, and enabling children in our networks to become active and engaged thinkers empowered to participate in their communities and public spaces.

Recently we collaborated with our neighbours
Coronation Day School to create a series of special
artworks that paid tribute to the 70 year old Pecan
Trees on their premises. Through a body mapping
exercise, each child was asked to imagine
themselves as a tree, connected to the world
around them. Through the movement of feet and
arms they embodied dancing trees and mini
forests.

As a thank you gesture, Coronation School invited us to their year end school play, and gifted us a wonderful book of the children's drawings of trees.

We are also exploring how children can relate to fungi and learn from these amazing organisms.

In September we held a Kids Fungi workshop, and one of the parents, was so inspired that she led a workshop at her child's school the following week.





Images by Bash T Hops and Tammy Palesa Stewart

## Lavinia Williams-Otto



Lavinia Williams-Otto was born in Noordgesig and has been living there for over 30 years. She is married to Fabian Otto, and the two are raising their family in the community. We first met Lavinia in 2017 when she got involved in our placemaking through art project, #ArtMyJozi.

Her husband, Fabian Otto, is her biggest supporter, and over the years we have gotten to know their family and community on a number of levels. Through oral history interviews, Lavinia shared the story of the late Sister Betty Glover - a formidable leader in the community who started her own food garden and soup kitchen which kept the community fed for many years. Sister Betty Glover's legacy inspired Lavinia to become a community leader in her own right, and since lockdown in early 2020, we have been exploring with Lavinia, ways of activating her home and community in relation to greening and growing.

In 2019, Lavinia and Fabian participated in a tour guides course led by the Johannesburg Heritage Foundation, and we are proud to announce that they have just become fully accredited tour guides, recently leading a special Heritage Day tour through Noordgesig.

They shared the history of the area, local icons and creatives, and the #ArtMyJozi artworks programme with an emphasis on community, women empowerment, storytelling, and cultural identity.